

LESSONS IN LEADERSHIP - Module 2

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# Becoming a Better Leader

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## Follow Up Exercise

**How much time every day do you spend reading, studying, reflecting and thinking? (Will you make a commitment to just 15 minutes a day?)**

**At the end of each day (start this week) ask yourself what did I learn today? Take the time to distill the lessons of the day so they aren't lost.**

Monday

Tuesday

Wednesday



Thursday

Friday

Saturday



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Sunday

Take a leader to lunch.

**Who would you love to learn from?**

**Why do you want to learn from them? What makes them so special?**

**What do you want to learn from them?**



**How can you help them?**

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(Share the answers to these questions with the leader you have chosen. Make sure they know the importance and the sincerity of your request and your commitment to help them as well.)

Pick a silent mentor. Learn all about them and then use your imagination to have them advise you.

**Who could be your silent mentor? Who are some people you find inspirational?**

**How could you learn more about them?**

**How they would handle difficult situations you're currently faced with?**

**Are you looking for more responsibility in specific areas of your company that interest you but you haven't made inroads?**

**Do you wait for projects to be assigned or do you go after what you want?**



**Ask yourself: What needs to be fixed in my company? or, What needs to be improved?**

(If you decide to fix it, ensure you're passionate about it.)

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**Who needs your attention on your team?**

**Are you passionate about helping that person?**

**What could they do if you gave them the attention they need?**

